

RightMealz HEALTHY > EATERY

COMPANY OVERVIEW

RightMealz began as a dream in a small home kitchen over a decade ago—fueled by the belief that chasing purpose was worth every risk. What started with just a few home-cooked meals turned into a relentless drive to turn struggle into strength. That passion became fuel, and that fuel became RightMealz.

Today, RightMealz is a performance-driven meal prep and wellness company based in Long Beach, California. We specialize in chef-crafted, nutritionist-approved meals designed to support athletic performance, busy professionals, and health-conscious individuals. Over the years, we've evolved into more than just a meal prep service—we are now a full-service, health-conscious dine-in restaurant offering fresh, clean meals in a welcoming space built for our community.

From weekly meal prep and grab-and-go options to large-scale catering for professional sports teams, corporate wellness programs, and events, RightMealz delivers nutrition with intention.



COMPANY DETAILS

Business Name: RightMealz Owner: Chris Sweeney Location: 422 E 4th St Long Beach, CA 90802

Website: www.rightmealz.com Email: RightMealz@gmail.com Phone: (949) 506-8002

We are proud partners of professional athletes, elite sports organizations, and wellness-focused institutions throughout Southern California. Our meals are always dairy-free, made without seed oils, and fully customizable to meet allergy considerations and individual performance goals. At RightMealz, we believe clean nutrition fuels more than just the body—it fuels the dream.

CORE COMPETENCIES

Athlete-Focused Meal Prep – Custom-designed meal plans tailored for high school, collegiate, and professional athletes with performance and recovery in mind.

Grab-and-Go Retail Service - Full-service, health-conscious eatery located in Downtown Long Beach offering fresh, ready-to-eat meals daily.

Corporate & Sports Catering – Scalable meal delivery solutions for sports teams, gyms, corporate offices, wellness programs, and large events.

Health-Conscious Menus – Every meal is dairy-free, seed oil-free, and made with fresh, locally sourced ingredients. Gluten-free, low-carb, and allergen-friendly options available.

Nutrition & Wellness Integration – Collaborations with certified dietitians, performance nutritionists, sports trainers, and health coaches to deliver targeted meal strategies.

Custom Portioning – Protein sizes available in 6oz, 9oz, and 10oz to support a variety of dietary needs, fitness goals, and athletic performance levels.

Food Safety & Regulatory Compliance – All operations adhere strictly to local and state health codes. Our facility and staff are ServSafe certified to ensure food safety, quality control, and hygienic practices at every level of production.

Customer Experience & Personalization – Each customer interaction is designed with care, offering meal customization, allergy accommodations, and rotating menus. Our goal is to meet each customer's individual lifestyle and nutrition needs.

Efficient Operations & Delivery Logistics – Proven systems for timely, accurate deliveries across Southern California. From weekly meal plans to last-minute team orders, our logistics team ensures freshness and reliability from kitchen to customer.

DIFFERENTIATORS

Trusted by Industry Leaders – Trusted by leading organizations in sports and wellness, including the LA Rams, Las Vegas Raiders, LA Kings, Milwaukee Bucks, and USA Women's Soccer.

Certified & Credentialed – Certified vendor for the Los Angeles Sports & Entertainment Commission, with services aligned to support major events like the FIFA World Cup, LA Olympics, and Super Bowl.

More Than Meal Prep – We operate as both a performance-focused meal service and a full-service, health-conscious eatery. Our in-house kitchen allows for daily sourcing of fresh, local ingredients—never frozen, never mass-produced.

Clean, Functional Nutrition – All meals are dairy-free, seed oil-free, and made without bottled sauces or preservatives. Each dish is customizable to meet allergy requirements and athletic performance needs.

Rooted in Community Impact – RightMealz is built on a foundation of service. We don't just serve meals—we serve the community.

- Led 16 fully stocked 28-foot U-Haul trucks of supplies for families displaced by the LA fires.
- · Delivered over 4,000 fresh sandwiches to first responders at multiple fire command centers.
- Host community wellness events like our Run + Plunge series to promote health, movement, and connection.
- Partnered with the Long Beach Fire Department and Toys for Tots to collect and distribute hundreds of holiday gifts to local children in need.

At RightMealz, we fuel more than just bodies—we fuel dreams, resilience, and community.

NAICS Codes: **722310 - Food Service** Contractors

722320 - Caterers

Certifications:

Certified Vendor – Los Angeles Sports & Entertainment Commission

Certified Long Beach Small Business Enterprise

Certification Code: **CERT0000002319**

Certified Small Business (SBE) – Office of Small Business & DVBE Services, California Department of General Services

Certification Number: **2046877**

PAST PERFORMANCE & ACCOLADES

USA Women's Soccer – Delivered post-game meals for the first-ever women's sporting event held at SoFi Stadium.

Las Vegas Raiders – Provided preseason and training camp catering in collaboration with team dietitians to meet performance-based nutrition protocols.

GBK ESPY Pre-Party – Selected as the exclusive meal provider for professional athletes and celebrities at this high-profile Los Angeles event.

Huntington Hospital (During LA Fires) – Supplied emergency meals and restocked essential supply rooms during crisis operations, supporting displaced hospital staff.

Community Wellness Events – Host Run + Plunge, a recurring community event promoting health, wellness, and connection through fitness.

LA Fire Relief Effort -

- Organized and delivered over 4,000 sandwiches to first responders across multiple fire command centers.
- Led the donation and distribution of emergency supplies through 16 fully-loaded 28-foot U-Haul trucks for families displaced by the California wildfires.

Toys for Tots + LB Fire Department Partnership – Hosted toy drives that collected and distributed hundreds of gifts to children in underserved communities.

Awarded the LA Hero Award by the LA Kings – In recognition of our leadership and contributions during the LA fire crisis.

Recipient of the Mercury Insurance Hockeywood Wall of Fame Award - Honored for our continued support of Southern California sports and community wellness initiatives.







































